

HOT LUNCHES

Good Earth now serves hot lunches Monday through Saturday from 11:15 to 2:00. This always includes your choice of a meat-based or vegetarian entree and fresh sides like veggies, grains or beans.

THE MENU CHANGES, SO STOP BY OFTEN.

TWO SOUPS MADE FRESH DAILY

MONDAY

Senegalese Chicken Summer Vegetable**

TUESDAY

Beef Goulash Sweet Potato Bisque**

WEDNESDAY

Asian Pork Balls in Broth Hungarian Mushroom**

THURSDAY

Soup Meister's Choice

FRIDAY

Mexican Style Beef & Rice Dhal (Indian lentil)*

SATURDAY

Lemon Chicken Noodle Cheddar Chipotle Tomato**

*Vegetarian **Vegan

Ceramic: Cup - \$3²⁵ Bowl - \$4²⁵

Small - \$3²⁵ Medium - \$4²⁵ Large - \$8²⁵

Small soup & half sandwich - \$7⁰⁰

SALADS & MORE

A selection of unique organic salads, bean and vegetable burgers, and delectable desserts is always offered. And try our fresh Create-It-Yourself Salad Bar!

BEVERAGES

FROM OUR COFFEE & TEA BAR

Montana Coffee Traders Certified Organic Fair Trade Coffees

Espresso Cafe Latte Mocha Cappuccino
Americano Breve Drip Coffee

GEM Protein Smoothies: 20 oz. - \$6⁵⁰

Wake-Up Call Blind Date Shake
Strawberry Splash Chunky Monkey
Pineapple Pizzaz Wild Berry Bonanza

Fresh Squeezed Juices (Orange, Apple, & Carrot)
12 oz. - \$4⁵⁰ 20 oz. - \$5⁷⁵

Additives: spinach, kale, ginger root, chlorella, wheat grass,
blue green algae, bee pollen, flax oil, almonds, lecithin

Bottled Water & Juice
Organic & Chai Teas
Natural Sodas



GET FRESH



DELI & CAFÉ

EAT IN OR TAKE OUT

GRAB 'N GO entrees
are always available
(in the cool case across from the Deli)

STORE HOURS:

Monday - Saturday 8 am - 8 pm
Sunday 10 am - 6 pm

DELI HOURS:

Monday - Saturday 8 am - 7 pm
Sunday 10 am - 6 pm

DOWNTOWN BILLINGS
3024 2ND AVENUE N.

CALL AHEAD!
406-259-2622

www.goodearthmontana.com

GEM SIGNATURE SANDWICHES

Choose one side: blue corn tortilla chips, potato salad or citrus slaw

- FIG DADDY \$6⁵⁰
Honey Whole Wheat, Smoked turkey, Fig spread, Cream cheese, Sprouts
- GOBBLER \$6⁵⁰
Honey Whole Wheat, Herb Turkey, Cream Cheese, Cranberry Sauce, Sprouts, Lettuce, Cucumber
- HOME ON THE RANGE \$6⁵⁰
Salsa tortilla, Southwest turkey, Salsa, Avocado, Cheddar cheese, Tomatoe, Lettuce
- THE PERRY \$7⁰⁰
White Flour Tortilla, Roasted Turkey, Pepperjack Cheese, Bacon, Tomato, Spinach, Avocado
- ROY-OH-BOY \$7⁰⁰
Toasted Sourdough, Roasted Turkey, White Cheddar, Bacon, Lettuce, Tomato, Mayo
- ROYAL REUBEN \$7⁰⁰
Toasted Pumpernickel, Turkey pastrami, Swiss cheese, Sauerkraut, Thousand Island dressing
- CHICKEN PESTO \$7⁰⁰
Honey Whole Wheat, Roast Chicken, Basil Pesto Mayo, Provolone, Tomato & Lettuce
- COOL HAM LUKE \$7⁰⁰
Toasted Sourdough, Maple Sugar Ham, Bacon, Provolone, Avocado, Pepperocinis, Honey Mustard
- HERE'S THE BEEF \$7⁵⁰
Pumpernickel, Roast Beef, Swiss Cheese, Portobello Mushroom, Lettuce, Red Onion, Horseradish Mustard
- TUNA 2000 \$6⁰⁰
Honey Whole Wheat, Tuna Salad, Provolone, Spinach, Lettuce, Sprouts, Red Onion, Tomato
- THOM-FU \$6⁵⁰
Ezekial pita bread, Marinated tofu steak, Veganaise, Avocado, Tomato, Lettuce
- THE GARDENER \$6⁵⁰
Spinach Wrap, Hummus, Sprouts, Carrots, Cucumber, Tomato, Avocado, Sunflower Seeds
- BEN-JAMMIN' \$6⁵⁰
Honey Whole Wheat, Banana, Almond butter, Strawberry jelly or Honey, Walnuts, Raw Coconut
- 1/2 SANDWICH & SMALL SOUP \$7⁰⁰

CREATE YOUR OWN SANDWICH

Choose one side: blue corn tortilla chips, potato salad or citrus slaw

WHOLE - \$6⁵⁰ HALF - \$4⁰⁰

- SELECT 1

BREAD	TORTILLA
Honey Whole Wheat	Ezekial
Marbled Rye	Herb
Sourdough	Salsa
Brown Rice (wheat free)	Brown Rice
All Grain Whole Wheat	
Sprouted Wheat	
Ezekial Pocket Bread	
- SELECT 1 MEAT (+ \$2⁰⁰ for each extra meat)

Roast Beef	Chicken
Oven Roasted Turkey	Chicken Salad
Southwest Turkey	Tuna Salad
Sugar Maple Ham	Herb Tofu
Smoked Turkey	Honey Maple Turkey
Turkey Pastrami	Tofu Steak
Black Forest Ham	
- SELECT 1 CHEESE ... (+ 50¢ for each extra cheese)

Swiss	Provolone
White Cheddar	Pepper Jack
Cream Cheese	
- GOURMET ITEMS (+ 50¢ for each item)

Avocado	Two Slices of Bacon
Roasted Red Peppers	Marinated Portobellos
- UNLIMITED

VEGGIES	SPREADS
Leaf Lettuce	Mayonnaise
Tomato	Vegan Mayo
Cucumber	Basil Pesto Mayo
Red Onion	Oil & Vinegar
Pepperocinis	Stoneground Mustard
Spinach	Horseradish Mustard
Sprouts	Cranberry Sauce
Carrots	Hummus
	Fig Spread

JUST FOR KIDS! \$2⁵⁰
Peanut Butter & Jelly
Strawberry or Grape
Meat & Cheese
Choice of one meat and one cheese

FREE DELIVERY DOWNTOWN!

for orders of 5 or more sandwiches placed before 11:00 am